

# LOW RANGE BUILDING ROUTINES

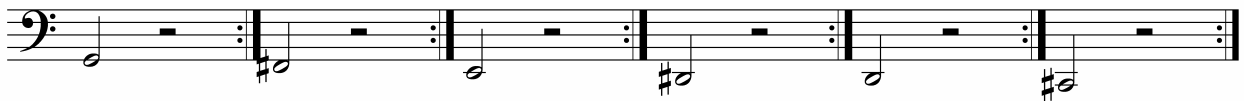
Focus on doing what's right, not correcting what's wrong!  
Simpler and easier are better!

Be patient—work slowly! Working slowly gives yourself a chance to properly analyze.  
Synchronize everything: tongue, lips, air. Tongue and blow.

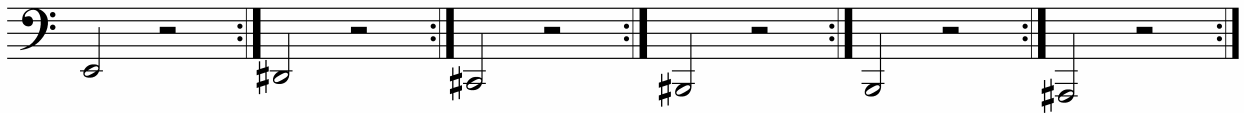
## 1. ARTICULATION EXERCISES

Simplify: Whisper "tooh." Then, hold your embouchure and whisper "tooh." Whisper "tooh" into the horn. Now, play. To your tongue, jaw, and lips, each action should feel nearly the same.

(repeat each pitch 10 to 20 times, until confident of reaction and embouchure)



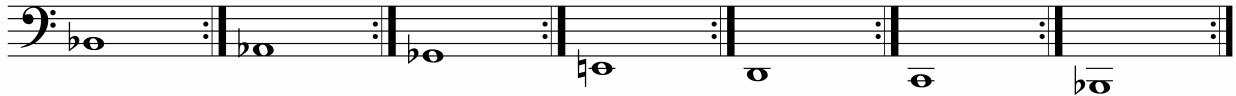
(etc. into valved pedal range)



## 2. LONG TONES

Focus on control and ease. Work slowly!

(repeat each pitch 10 to 20 times, holding as long, loud and controlled as possible)



(continuing 8vb al fine)

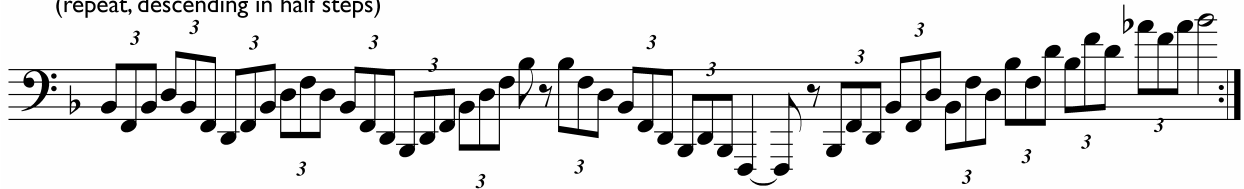
(etc. into valved pedal range)



## 3. LIP SLURS

Get around without working too hard. Just keep blowing!

(repeat, descending in half steps)



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